

Natural Testosterone Boosters



By Graham Healy

These Natural supplements DO WORK for those men who are still producing testosterone naturally, clinical trials support that they can enhance and bring down regulated testosterone back up to normal levels .

The other alternative is steroid drugs that REPLACE the natural testosterone with a steroid drug (as in steroid induced body-builders) the issue with that is the knock on effect of negative health side effects, and abnormal tissue and bone growth and the increased probability of heart failure and cancers of blood and organs especially liver and kidneys .

<https://www.ncbi.nlm.nih.gov/pmc/articles/PMC5922407/>

At Healy's Health we support 100% NATURAL athletes and as longevity and anti-aging advocates pointing people in the direction of Natural Health is always our focus and we know that natural herbs and natural medicines are far more synergetic to the body.

Chinese herbal medicines have been used for thousands of years and Ayurveda (Indian) medicines have been used to thousands of years , many of the modern day medicines have their starting points in the above ancient mythologies .

<https://www.nccih.nih.gov/health/ayurvedic-medicine-in-depth>

<https://www.betterhealth.vic.gov.au/health/ConditionsAndTreatments/chinese-herbal-medicine>

SO YOU WISH TO UP REGULATE YOUR TESTOSTERONE NATURALLY?

RAMPAGE

The Science

Testosterone is the primary sex hormone in males and men of all ages need testosterone to function physically and emotionally at their optimal level. It's the hormone responsible for increases in lean muscle mass as well as libido, sexual function, motivation and is essential for health and well being.

Increasing Testosterone levels has a profound effect on men as does a decrease in levels. A decrease in testosterone levels can be a result of mental or physical stress caused by physical overload, lack of sleep, stressful work environment and many other situations. Unfortunately the lowering of testosterone levels can exacerbate the problems that cause it in the first place creating a downward spiral that can be a very tough cycle to break.

Men with decreased levels of testosterone regularly suffer from the following symptoms:

Lack of strength and stamina.

Decreased libido and sexual desire

Decreased confidence and motivation.

Decreased health and wellness.

Increased body fat.

Depression.

What's the solution? - Rampage

Typical improvements below:

Increased strength and stamina.

Increased libido and sexual desire.

Increased confidence and motivation.

Improved health and wellness.

Decreased body fat.

Mood elevation.

Many others

TGA Approved: Aust L 159009. <https://www.tga.gov.au/>

The T.G.A. (Therapeutic Goods Administration) are the governing body over all supplements in pill, tablet and encapsulated supplements in Australia and they require all of these supplements to be produced in a T.G.A. certified facility under the world's most strict quality controls. All Urban Muscle encapsulated and tablet products are produced in the very best TGA Facilities so you are **guaranteed to get what you pay for.**

Rampage: Aust L 159009



Each Capsule Contains:



Herbal extracts equivalent to dry:

Tribulus terrestris fruit 25g
standardised to contain

Protodioscin 167mg (active ingredient)

Urtica dioica (Nettle) root 1.34g

Piper nigrum fruit 83.5mg

(500mg of Protodioscin per 3 capsules)

Directions for use: Take 1 Capsule 3 times per day or 2 Capsules 1 hour before training and 1 Capsule upon rising.

UM recommend starting slow and gradually increasing your dose to the maximum of 3 capsules per day as necessary.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

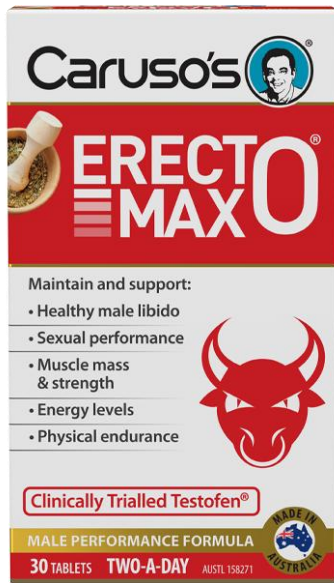
<https://www.healyshealth.com/product-page/rampage-testosterone-boost>



Support Muscle Growth melt body fat with HMB and Resurrect Info Link Here :

<https://www.healyshealth.com/d4-feature-supps-hmb>

ERECT-O-MAX



Formulation: (Note both these products are the SAME FORMULATION)

Active Ingredients: Each tablet contains:

Trigonella foenum graecum (Fenugreek -Testofen®) extract equiv. to dry seed 9.9g (9900mg)

<https://pubmed.ncbi.nlm.nih.gov/32048383/>

Panax ginseng (Panax) extract equiv. to dry root 1.35g (1350mg)

Equiv. to Ginsenosides 10.8mg

<https://www.healthline.com/health/erectile-dysfunction/korean-red-ginseng>

Urtica dioica (Stinging Nettle) extract equiv. to dry root 1g (1000mg)

<https://www.healthline.com/nutrition/stinging-nettle>

Avena sativa (Oats) extract equiv. to dry herb 1g (1000mg)

<http://www.informaticsjournals.com/index.php/jer/article/view/15471>

And

Magnesium Aspartate Dihydrate 225mg

Equiv. to Magnesium elemental 16.88mg

Zinc Amino Acid Chelate 75mg

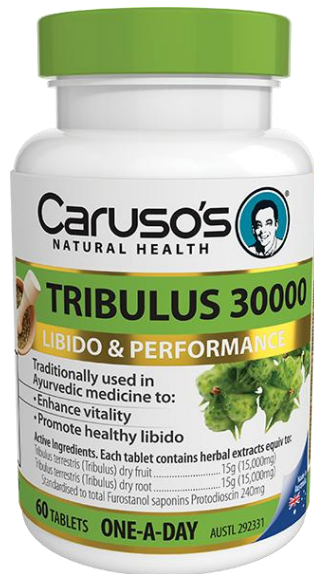
Equiv. to Zinc elemental 15mg

Pyridoxine Hydrochloride (Vitamin B6) 6mg

Equiv. to Pyridoxine 4.94mg

<https://www.healyshealth.com/product-page/erect-o-max>

Tribulus



Why use Caruso's Tribulus 30000?

Caruso's Tribulus 30000 has been formulated to assist both men and women with vitality, performance, and sexual and reproductive health.

Tribulus has traditionally been used as a rejuvenative and tonic herb that targets the reproductive system, providing benefits to healthy sexual function, libido and overall health and wellbeing.

Caruso's Tribulus 30000 has been formulated for:

- Helping to support sexual health and libido in men and women
- Helping to support healthy male reproductive function
- Supporting uterine health in women (uterine tonic)
- Helping to support vitality and wellbeing

Formulation:

Each tablet contains herbal extracts equivalent to:

Tribulus terrestris (Tribulus) fruit 15g (15000mg)

Standardised to Furanosil saponins

Protodioscin 120mg Tribulus terrestris (Tribulus) root 15g (15000mg)

(active Ingredient) Standardised to Furanosil saponins Protodioscin 120mg Total Protodioscin 240mg

<https://www.healyshealth.com/product-page/caruso-s-tribulus-30000>

Caruso's Tribulus can be combined with Erect-o-max
(example 2 tabs tribulus + 1 tab Erect-o-max)
twice daily

UM Rampage is a Stand alone product
You may Combine Rampage with Erect-o-max
(example 1 cap Rampage + 1 tab Erect-o-max)
Twice daily



Graham Healy
Founder Healys Health 1985

*Your Health is Your
Greatest Asset*

www.healyshealth.com
www.healyslowerbackpain.com

Disclaimer:

This is my personal supplements programme used only as an example
to give you an overview .

This IS NOT NUTRITIONAL ADVICE.

Before any program we always suggest full blood test analysis from your Medical GP (get copies for yourself) make sure Testosterone levels are checked (for men) and Estrogens levels (for women) .
Plus we need a full medical profile and approval from your Medical GP that it is ok to start a fitness and natural supplement programme with Healy's (as you would with any Gym or health centre).

We have a duty of care to ensure you get all the relevant information to make informed decisions about your health and wellness future directions and planning.

If you are on any prescribed medications you must at all times cross reference with your medical GP for any adjustments to those medications (for example Blood Pressure medications) and follow safe guideline practices as outlined by your medical Doctor and registered health professionals .

